



Ultimate explorations, moving past the self: Extreme journeys

Explorations ultimes, franchissements de soi : voyages extrêmes

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Abstract: The fascination for the extreme communicated by travel narratives bears witness to the - cultural valorization of risk-taking in postmodern societies. This phenomenon, which psychiatry - connects to a certain way of being in the world-or which anthropology explains as the imaginary of a relationship with death, is described by many travelers as the crossing of the double limit that separates humans from a reality that exceeds them and from the part of the unknown that they seek to discover in themselves.

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