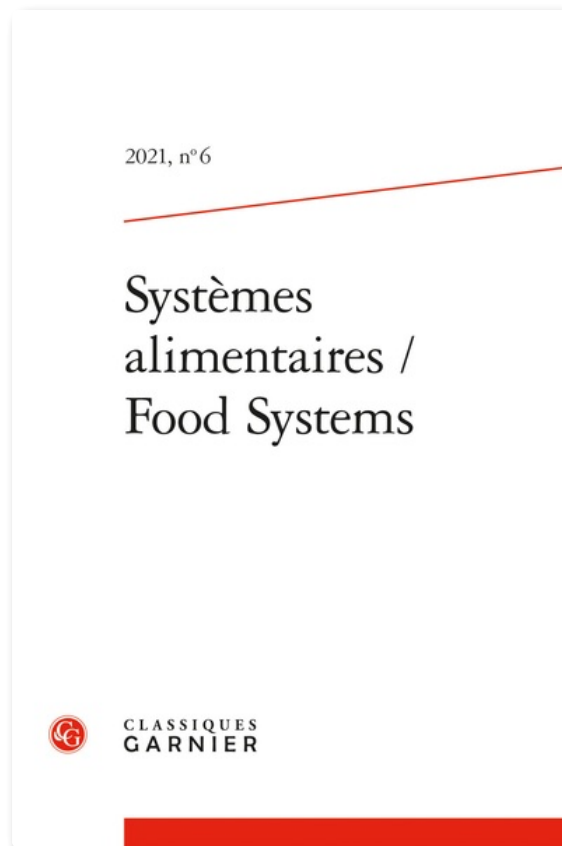




Sustainable food practice

The influence of the material environment

Publication type: Journal article

Journal: [Systèmes alimentaires / Food Systems](#)
[2021, n° 6. varia](#)

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Abstract: This research focuses on the material elements involved in sustainable food. Thirteen elements have been identified and grouped into four spheres: housing, proximity environment, supply area and digital environment. The study shows that in order to facilitate the sustainable food practice, the material environment must reduce the constraints of the individual, simplify his or her practices, integrate fluidly into daily life and be a source of benefits.

Pages: 217 to 238

Journal: [Food systems](#)

CLIL theme: 3306 -- SCIENCES ÉCONOMIQUES -- Économie de la mondialisation et du développement

EAN: 9782406127055

ISBN: 978-2-406-12705-5

ISSN: 2555-0411

DOI: 10.48611/isbn.978-2-406-12705-5.p.0217

Publisher: Classiques Garnier

Online publication: 01-05-2022

Periodicity: Annual

Language: French

Keyword: sustainable food, practice theory, material environment, food transition, behavioural change.

[Display online](#)