



Le corps en cellule, ascèse et exercices spirituels dans les sources cartusiennes du Moyen Âge

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Abstract: The carthusian asceticism based on the principles of the solitary life inspired by the model of the Fathers of the desert rest on the multiple stakes in the organization of the solitude, in the practice of the poverty, in the fast and in the spiritual exercises in cell. This article aims at demonstrating how through an option of radical life, characterized by the *fuga mundi* and the renunciation, the dialectic of the carthusian asceticism rests in reality on a knowledge of himself and a progressive conquest of the perusal necessary for any contemplative life.

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