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This approach is based on the understanding that non fundamental separation exists between theory and practice in the arts. After all, there are no art practices that are not saturated with experiences, histories and beliefs; and conversely there is no theoretical access to, or interpretation of, art practice that does not partially shape that practice into what it is. Concepts and theories, experiences and understandings are interwoven with art practices and, partly for this reason, art is always reflexive. Research in the arts hence seeks to articulate some of this embodied knowledge throughout the creative process and in the art object.¹

1 Henk Borgdorff, *The Debate of Research in the Arts* (2006), p.7. https://www.ahk.nl/fileadmin/download/ahk/Lectoraten/Borgdorff_publicaties/The_debate_on_research_in_the_arts.pdf (last accessed 05-02-2022).