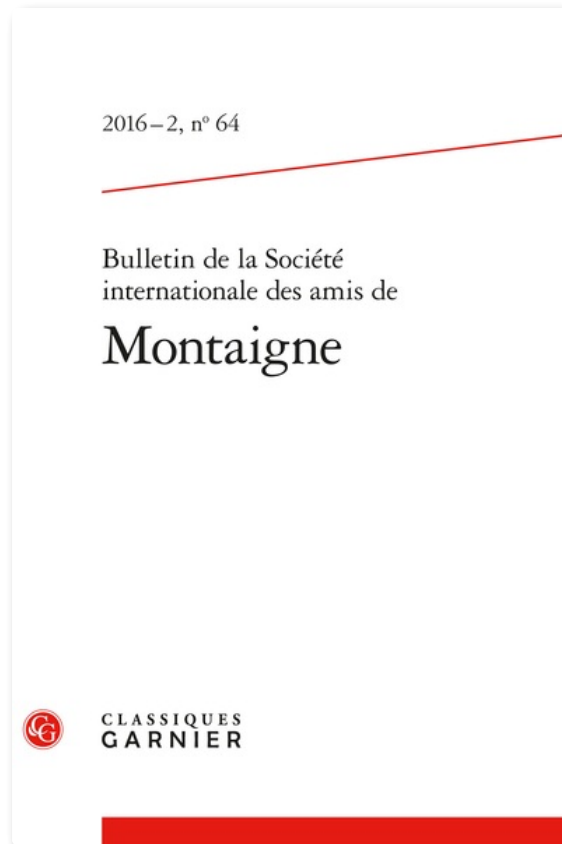




Vivre comme Socrate

La notion d'ordre et la morale de l'homme médiocre dans les derniers *Essais* de Montaigne

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Abstract: Against passions, the stoics prescribe *meditatio mortis*. Montaigne refuses this conduct « according to reason », which produces *perturbatio*, and claims for one « according to sensation », which leads us (through the search of pleasure and avoidance of pain) to *tranquillitas*. His model is Socrates, which attacks dogmatic ideas about man and establishes self-knowledge on sensitive perception. The result is the mutual correction of body and soul or self-regulation.

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